# Recommending an ABA Therapy Provider

**6 Important Considerations For Physicians** 

ButterflyEffects

# **Did You Know?**

The diagnosis rates of autism spectrum disorder (ASD) are **up 10%** since 2018.



The Center for Disease Control (CDC) suggests that childhood ASD prevalence rates across the nation are as high as 1 in 54.





## Upon receiving an ASD diagnosis, families often seek advice from providers like you on what to do next.

#### Applied Behavior Analysis (ABA) services are seen as the gold standard to treat symptoms associated with ASD. When selecting an ABA provider to partner with to treat your patients consider these



# 6 Important Questions:

#### **Does the ABA provider accept healthcare insurance?**

Most states require healthcare providers to cover ABA treatment for children affected by ASD, however, some plans are exempt. More importantly, not all ABA providers accept all insurances.

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#### Is the ABA provider accepting new patients?

There is a critical shortage of behavioral professionals to provide services for all children affected by ASD. You should partner with an ABA provider who has availability for your patients so they can begin treatment as quickly as possible.

#### Does the ABA provider employ highly quality behavior analysts and technicians?

An ABA provider should have Board Certified Behavior Analysts (BCBAs) who conduct the initial patient assessment, develop the treatment plan and supervise ongoing services. Reputable ABA



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providers have multiple experienced BCBAs on staff, plus a professional development department that oversees the ongoing training and education of their BCBAs and behavior technicians. Additionally, an ABA provider should have a dedicated talent acquisition team that recruits high quality providers.

#### Does the ABA provider involve the family in the treatment process?

ABA providers should invite, welcome and create environments that promote family participation. The most effective ABA treatment is incorporated into family routines and includes regular family progress meetings as well as ongoing family coaching and training.

#### Do the ABA provider's treatment plans include measurable outcomes?

ABA treatment plans should include measurable objectives that are tracked daily and reviewed by a BCBA weekly to assess the effectiveness of treatment. This data should drive any needed changes to teaching procedures and prompts strategies, treatment priorities and family and technician training needs.

#### Does the ABA provider communicate patient progress on a regular basis?

A reputable ABA provider partner regularly communicates professional feedback on patient progress. This feedback informs the patient's primary care provider about how their patient is progressing on the three core deficits associated with ASD (communication, social behavior and program behaviors).

*For ABA treatment, there's no better* partner than Butterfly Effects.







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## **Online Referral Form:** www.butterflyeffects.com/referral

#### Physician Fax: (954) 342-0273

## You are welcome to have your patients contact us directly at (888) 880-9270.



#### Trust Butterfly Effects, the in-home ABA specialists

For over 15 years, Butterfly Effects has been providing quality home and center based Applied Behavior Analysis (ABA) treatment to families affected by ASD. Our treatment philosophy incorporates ABA, family centered planning, the child's natural settings, family participation and embedding treatment into daily routines. We create learning environments where children are happy, relaxed, engaged, and feel safe. To learn more, visit butterflyeffects.com or call (888) 880-9270. Our corporate office is located at 500 Fairway Drive, Suite 102, Deerfield Beach, Florida 33441.



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